

Ice Breakers for Group Meetings

Get to Know Each Other Activities

Here are some fun activities you can do in your small groups when you are just starting or getting to know the people in your group.

1. Most unique

Go around and have each person share something that makes him or her unique or unusual, such as “I’ve never left the state I was born in” or “I am one of 10 kids.” The more unique the facts, the more fun the icebreaker becomes.

2. Two truths and a lie

Have each person make three statements about him or herself: two true statements and one lie. For example: “I’ve never broken a bone. I have five sisters. I was born in Poland.” The group tries to guess which statement is a lie.

3. Get-to-know-you questions

Ask one of these questions and give everyone a predetermined amount of time to answer. Your goal is not to answer all these questions, but we have provided them to give you options.

- What do you do for fun?
- What would be your ideal vacation?
- What is the most memorable activity you did with your family as a child?
- What quality do you appreciate most in a friend?
- What is one characteristic you received from your parents you want to keep and one you wish you could change?
- What is a good thing happening in your life right now? What makes it good?
- If you knew you could not fail and money were no object, what would you like to do in the next five years?
- If you could have any famous person over for dinner, who would it be and why?
- If your house was on fire and you only had 30 seconds to grab 3 or 4 items, what would they be?
- Name three people, past or present you admire and why.

4. Would you rather

Ask your small group a “Would you rather...” question and have them take turns answering the question. Make sure each person explains their answer so the group can better understand why they made that choice. Here are a few questions to help you get started:

- Would you rather see a movie or go on a hike?
- Would you rather have only summer or winter for the rest of your life?
- Would you rather have to commute a long distance to your dream job or live close to a mediocre job?
- Would you rather be a famous celebrity or be famous in your professional industry?
- Would you rather like to live in a world that didn't have music or a world that didn't have television?
- Would you rather have the power to travel back in time or forward in time?
- Would you rather be able to fly like a bird or swim like a fish?
- Would you rather be a superhero with a cool costume or a wizard with a magic wand?
- Would you rather be able to slide down rainbows or jump on clouds?
- Would you rather be a famous athlete or a famous musician?

5. Show & Tell

Have each group member bring something to the group meeting that is meaningful or special to them. Have each person share why they chose that particular item and why it's special to them.

Questions for more established groups:

These are great questions that can be used during your connection time at the beginning of your group meetings!

- Share a highlight and lowlight from the previous week.
- Where have you seen God at work the past week?
- What are you feeling grateful for this week?
- How have you recently felt loved or cared for?
- What is the hardest thing about this season of your life?
- What are you feeling fearful or anxious about lately?
- What has God been teaching you lately?
- How are you staying connected to God throughout your week?
- When in your life do you feel most connected to God? When do you feel farthest away from Him?
- What is a hard-learned lesson you've learned recently?
- What prayer have you been praying the longest?
- What is a trip or experience that had a big spiritual impact on you and why?

Sharing Testimonies: Another great option is at the beginning of each meeting have one person share their life testimony/story (a bit out their upbringing, how they came to know Jesus, what life has been like since knowing Jesus, etc.). Then rotate it each week so that everyone gets a chance to share!